

# Checklist for Cave Kayaking



## Clothing

- t-shirt
- long pants
- hiking boots or trainers
- insulated jacket
- swimsuit
- warm layers


## Accessories

- ID Card

## Food and drink

- snacks
- sandwiches
- 1 l of water

## Good to know

- ✓ You need to have ID or passport with you, because we cross Austrian border.
- ✓ It is about 2 hours of driving to the starting point (from Bled). If you have car sickness, let us know.
- ✓ The trip will last approximately 10 hours.
- ✓ In the caves, there is a constant temperature of 10 degrees so make sure that you are dressed appropriately.
- ✓ Let the guide know if you have any health issues. 
- ✓ The tour operates in most weather conditions.
- ✓ If you are under the influence of drugs or alcohol, you are not allowed to join us on the tour.
- ✓ Not recommended for pregnant women.
- ✓ If you will meet us in Bled, please note that we do not have our own parking spots.